

Do You Teach Head Nods?

Head nods are my "go-to" when it comes to yes/no. Sure there are many options out there, but here are some reasons to go with head nods.

- Everyone recognizes head nods, even unfamiliar communication partners. They are universal.
- Head nods are NOT partner dependent. The learner doesn't need to rely on anyone to set up or offer a support (e.g., cards, hands). They can do it themselves!
- Though unfair, individuals who can use head nods are often judged and treated by others as more "able."

