Name: Date: Per:

The Parts of the Human Reproductive System

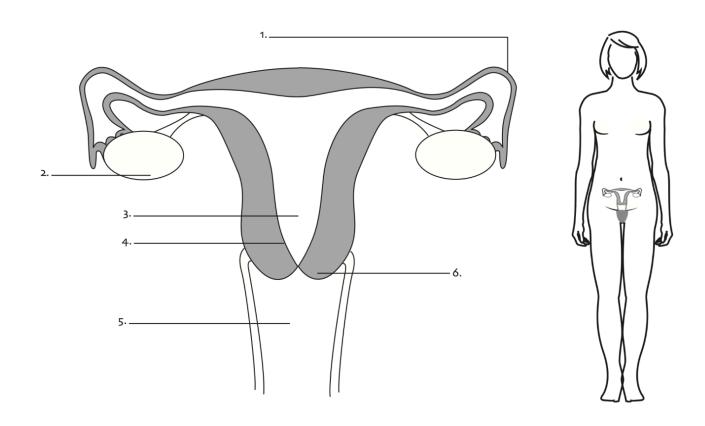
Essential Questions

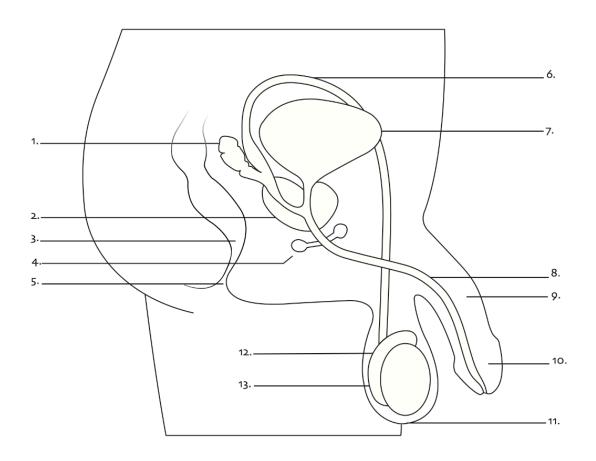
- What are parts of the human reproductive system?
- How can I keep my reproductive system healthy?

Learning Intentions

- I can identify the parts of the human reproductive system.
- I can describe simple ways to keep these parts healthy.

Male and Female Reproductive Anatomy





Ways to Keep Your Reproductive System Healthy

- Eat a nutritious, balanced diet
- Drink plenty of water
- Get regular exercise
- Get enough sleep
- Avoid using tobacco, alcohol, or other drugs
- Manage stress in healthy ways
- Take regular showers or baths to keep your genitals clean

What are you already doing to keep your reproductive system healthy?

Exit Slip What are a few things you know about how the parts of the human reproductive system work?

At-Home Connection

With a parent/guardian or other trusted adult:

- Share the most surprising/interesting thing you learned about your body and/or about human reproduction.
- Teach what you learned using your diagrams and notes.
- Ask for ideas on making healthy choices and taking care of your body.

If you need resources or support for your sexual health...

- Talk to a parent/guardian or other trusted adult
- Call 2-1-1
- Visit <u>211sandiego.org</u>