



# The Parts of the Human Reproductive System

Understanding the Anatomy of the Human Reproductive System

#### Did You Know? Fun Facts About the Human Body

The human mouth produces about 4 cups of saliva each day.

The human body has a total of 79 organs.

Human teeth are as strong as shark teeth.

Babies don't actually shed tears until they are about 1-month old.

The human brain weighs about 3 pounds and is about the size of two clenched fists.

Human beings are the only species known to blush.

Your skin is the largest organ in your body.

Your heart is about the size of two hands clasped together.

#### **Essential Questions**

- What are parts of the human reproductive system?
- How can I keep my reproductive system healthy?

If you need resources or support for your sexual health...

- Talk to a parent/guardian or other trusted adult
- Call 2-1-1
- Visit 211sandiego.org





#### **Learning Intentions**

- I can identify the parts of the human reproductive system.
- I can describe simple ways to keep these parts healthy.





#### Teaching Agreement

#### It's important to know that...

- 1. I am a mandated reporter, which means I'm required to report suspected abuse or neglect.
- 2. We will be examining sexual health through research, evidence, and scientific facts.
- 3. We will be learning and using accurate scientific terms for systems, processes, and anatomy that comes directly from the California Health Standards for 7th and 8th grade.
- 4. We will not be discussing our personal values or opinions about any of the topics.
- 5. We will ensure a safe environment that is inclusive for all students
- 6. We will focus on questions that relate to the science we are learning and encourage you to talk to your parent/guardian at home about your values and opinions when it comes to making choices.

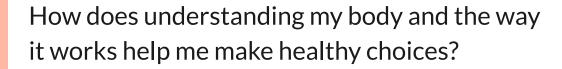




### Questions to Discuss

Think of some time you were afraid or confused about something in your life, especially when you were younger.

Did you notice that once you learned more about it and understood your connection to it, you felt better?



What are some things I already do to take care of my body?

What are some goals I have to take care of my health in the future?

Why is it important to learn about the Human Reproductive System?

#### One Body, Many Systems

The Reproductive **System** allows humans to reproduce and give birth to children. It is one of many important systems in your body that help you live a healthy life.

Some other examples of systems in your body include:

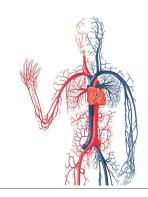
Your Respiratory
System: Delivers
oxygen to the cells
in your body and
removes waste
gases



Your Nervous
System: Helps send
messages between
your body and your
brain



Your Circulatory
System: Pumps
blood from your
heart to your lungs
to get oxygen



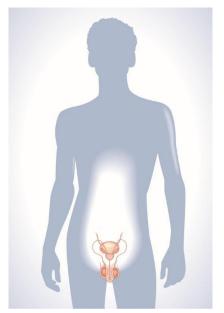


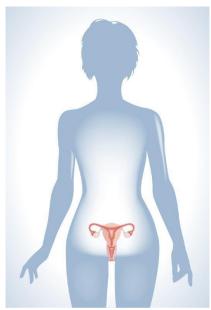


What are the parts of the Human Reproductive System, and where are they located?

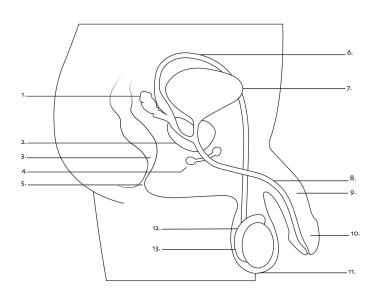
Overview of the Human Reproductive System Some parts of the reproductive system are internal and some parts are external.

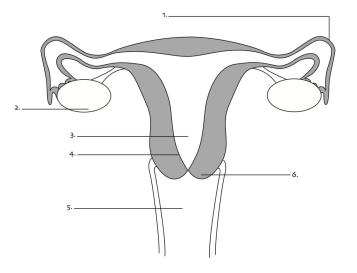
Use the diagrams for male and female anatomy to label what you already know.





### Male and Female Reproductive Anatomy



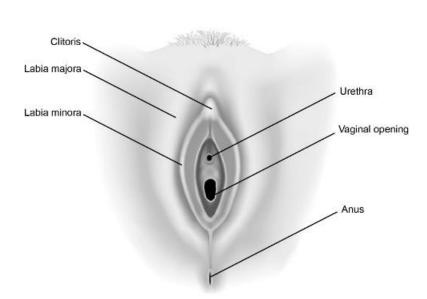


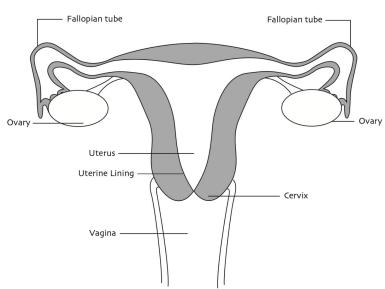






### Female Reproductive Anatomy



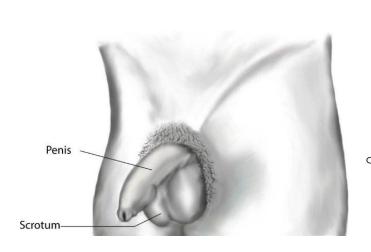


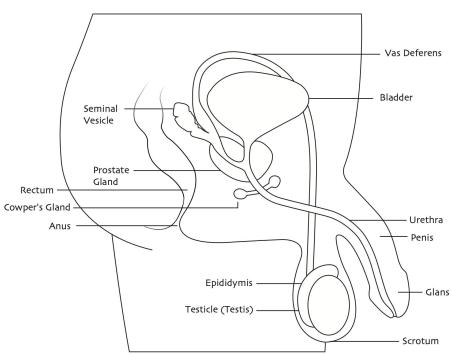






#### Male Reproductive Anatomy







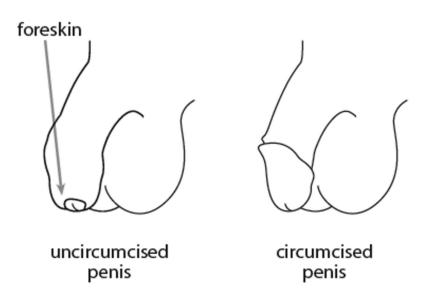


#### Male Reproductive Anatomy

Some penises are circumcised and others are uncircumcised.

It is OK to be circumcised or uncircumcised even though they look different.

Circumcision is the removal of the foreskin from a baby's penis.







## How Can I Keep my Reproductive System Healthy?

Ways to Keep Your Reproductive System Healthy

- Eat a nutritious, balanced diet
- Drink plenty of water
- Get regular exercise
- Get enough sleep
- Avoid using tobacco, alcohol, or other drugs
- Manage stress in healthy ways
- Take regular showers or baths to keep your genitals clean

Discuss with a partner. What are you already doing to keep your reproductive system healthy?



## Exit Slip

#### Exit Slip

What are a few things you know about how the parts of the human reproductive system work?



## At Home Connection

#### At Home

With a parent/guardian or other trusted adult:

Share the most surprising/interesting thing you learned about your body and/or about human reproduction.

Teach what you learned using your diagrams and notes.

Ask for ideas on making healthy choices and taking care of your body.

#### Sources

**Healthline: The Human Body** 

15 Facts About The Human Body! - National Geographic Kids

Reproductive System - BrainPOP

Cleveland Clinic: Vagina: Anatomy, Function, Conditions & What's Normal

Cleveland Clinic: Male Reproductive System: Structure & Function

The Menstrual Cycle - Nemours Kids Health

The Journey of Sperm: How the Male Reproductive System Works



