



Parent Connection



# COVID-19

Symptoms of Coronavirus Disease









Common Less typical

- Fever
- Headache
- Fatigue
- Diarrhea
- Aching Muscles
- Shortness of Breath
- Phlegm Buildup
- Cough
- New Loss of Taste or Smell

Even if you have only one symptom, **GET TESTED.**



# Parent Support

Before class meeting starts	During our meeting	After our meeting
<p>Help your child wake up and eat before class.</p>  	<p>You should not have to stay next to your child during the entire class. Be close in case technical help is needed.</p>	<p>Set up regular break times for eating and movement.</p> 
<p>Make sure your child has school materials ready when class starts.</p>  	<p>Remember the camera and microphone are on during our meeting. Monitor your home for excessive noise and inappropriate clothes.</p>	<p>Help your child complete the work assigned and turn it in. Please do not do the work yourself! If the work is confusing, please reach out for help</p>
<p>You will need to help your child log in to class for the first several meetings.</p> 	 <p>Plug in the computer each night!</p> 	<p>I am available for help during our asynchronous minutes and after school please email me so we can set up a Zoom meeting.</p>



# Parent Guide

## Establish Routines

Establish a normal schedule that includes the school day.

Create regular routines for bedtime, wake-up, eating and playing.

Establish rules for digital devices.

Help your child remember to plug in the computer every night.



Plug in the computer each night!

## Set up learning space

Dedicate a space for school meetings and study. Consider two things. First, away from little ones and animals. Second, away from distractions during our meetings.

Materials must be available nearby.

Post a schedule for the week that is easily visible.

## Stay in touch

Teachers will set up communication lines through Google Classroom. Or emails. Please watch for and join as soon as possible.



Feel free to contact the teacher if you have a question or concern.





# Parent Guide

## Monitor your space

Remember the camera and microphone are on during our meetings. Monitor your home for excessive noise and inappropriate clothes. (visions of naked babies, and sounds of animals and tv's are a bit distracting)



Plug in the computer each night!

## Students do the work

We do not expect parents to stay with their child the whole day.

Encourage and support your child.

Definitely help with technical issues. Parents should be able to help children access the sites and apps for learning.

But please let your child do the work.

We expect some struggle. Independence takes practice.

## Check in with your kids

Check in with your child before class starts. You might ask...

1. Do you have what you need?
2. Any assessments today?
3. How will you spend your off-screen time?



Assessments will require a bit of adult support to maintain integrity.



Check in after class. You might ask...

1. How far did you get in your tasks today?
2. What was hard?
3. What can you do better tomorrow?