

# Menus for NOVEMBER 2018

This institution is an equal opportunity provider. Menus are subject to change.

UNIVERSAL FEEDING AT THE  
FOLLOWING SCHOOLS:  
ANZA, BOSTONIA LANGUAGE  
ACADEMY, CHASE, FLYING HILLS, HALL,  
JOHNSON,  
LEXINGTON, MADISON  
MAGNOLIA, MERIDIAN, NARANCA , RIOS  
& SEVICK

ADULT MEAL PRICES:  
\$3.75 (with or without milk)

\* MEATLESS

Thursday, November 1

Choice of: Hot  
Entrée—\* Bean and  
Cheese Whole Grain  
Burrito  
Or Cold Entrée—  
\* Munch-A-Lunch  
Salsa  
Salad Bar  
Assorted Fresh Fruit  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Friday, November 2

Choice of: Hot  
Entrée—\* Galaxy  
Cheese Pizza  
Or Cold Entrée:  
Turkey & Provolone  
on Bun  
Giant Goldfish Grahams  
Salad Bar  
Canned Fruit, i.e.—Pears  
1% Low Fat White Milk  
Non Fat Chocolate Milk

## WILD CHILD

The majestic wild turkey is nothing like its barnyard cousin on the Thanksgiving table. The wild ones can run 25 miles an hour and can fly at 50+. They sleep in trees, and the big males have been known to chase off humans who get too close. Wild turkeys prefer to eat nuts, seeds, and berries – but they'll also consume insects, frogs, lizards, and snakes.



ANIMAL APPETITES

Monday, November 5

Choice of: Hot  
Entrée—Beef &  
Cheese Taco Snack  
Or Cold Entrée:  
Turkey Ham & Cheese  
Sandwich or  
\* Cheese Sandwich  
Salad Bar  
Apricots  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Tuesday, November 6

Choice of: Hot  
Entrée—Crispy  
Chicken Sandwich  
Or Cold Entrée:  
Italian Combo  
Sandwich or  
\* Veggie Burger  
BBQ Sauce  
Salad Bar  
Assorted Fresh Fruit  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Wed., November 7

Choice of: Hot  
Entrée—Beef Tacos  
Or Cold Entrée:  
\* Peanut Butter  
Jamwich  
Shredded Cheese  
Fiesta Rice  
Salsa  
Salad Bar  
Canned Fruit, i.e.—Peaches  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Thursday, November 8

Choice of: Hot  
Entrée—Chicken  
Corn Dog  
Or Cold Entrée:  
\* Munch-A-Lunch  
Mustard  
Elfin Grahams  
Salad Bar  
Assorted Fresh Fruit  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Friday, November 9

Choice of: Hot  
Entrée—Whole Grain  
Chicken Fritters  
Or Cold Entrée:  
Turkey & Provolone  
on Bun or \* Nutri-  
Grain Bar & Egg  
Enriched Fiber Grahams  
Salad Bar  
Canned Fruit, i.e.—Mixed  
Fruit  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Monday, November 12



Veteran's Day  
No School  
Today

Tuesday, November 13

Choice of: Hot  
Entrée—Crispy  
Chicken Chunks  
Or Cold Entrée:  
Italian Combo  
Sandwich or \* Cheese  
and Crackers  
Salad Bar  
High Fiber Grahams  
Assorted Fresh Fruit  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Wed., November 14

Choice of: Hot  
Entrée—Penne Pasta  
w/Meat Sauce  
Or Cold Entrée:  
\* Peanut Butter  
Jamwich  
White Wheat Dinner Roll  
Shredded Cheese  
Salad Bar  
Canned Fruit, i.e.—Apricots  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Thursday, November 15

Choice of: Hot  
Entrée—Shredded  
Beef Burrito  
Or Cold Entrée:  
\* Munch-A-Lunch  
Salsa  
Elfin Grahams  
Salad Bar  
Assorted Fresh Fruit  
1% Low Fat White Milk  
Non Fat Chocolate Milk

Friday, November 16

Choice of: Hot  
Entrée—Teriyaki  
Chicken  
Or Cold Entrée:  
Turkey & Provolone  
on Bun or \* Nutri-  
Grain Bar & Egg  
Brown Rice  
Salad Bar  
Canned Fruit, i.e.—Peaches  
1% Low Fat White Milk  
Non Fat Chocolate Milk